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Julie Starr is a highly respected coach and management consultant who works with both organisations and individuals. She has over 20 years experience within business and change management focusing on the opportunity presented by people. She combines many years of coaching experience with a constant study related to human success and fulfilment, to develop coaching practices and principles that ...

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Julie is a widely-respected authority on coaching, mentoring and personal development. Her books, The Coaching Manual, Brilliant Coaching and The Mentoring Manual, are used in training programmes worldwide; she's regularly invited to speak at conferences and lectures. Julie is also a fiction author for young adults.

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